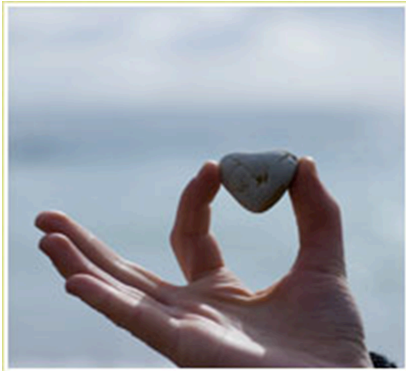


# Weekend Workshop for Couples

March 12-13, 2016 - Princeton, NJ

Renewing our love so that we can find happiness and fulfillment is an everyday commitment but sometimes it needs “special attention.” When our primary intimate relationship is not working, life feels difficult, stress becomes unbearable, and we experience loneliness, illness, and distress. Is there a way to fix this?



## *If you want to:*

- Improve your communication
- Address negative interaction patterns that affect your ability to be happy
- Understand each other's emotions
- Recognize underlying reasons for your conflict
- Learn how to repair and forgive injuries
- Enhance your emotional and physical closeness
- Affirm the strengths in your relationship, renew love and build trust

**When:** Saturday, March 12 –  
Sunday, March 13, 2016

**Times:** 9.00 am to 5.00 pm  
both days

**Where:** Theological Seminary,  
Princeton, NJ 08542

**Cost:** \$600 before Feb 25, 2016  
\$650 after Feb 25, 2016

*The workshop is offered by:*  
Anita McLean, Psy.D. &  
Alexandra Todorova Ph.,D.

**SPACE IS LIMITED**  
*Please register early.*

**This relationship enrichment workshop is designed for you!**

## TO REGISTER:

**Email:** [amclean845@gmail.com](mailto:amclean845@gmail.com)

**Call:** 732-319-9104

**Visit:** [www.dranitamclean.com](http://www.dranitamclean.com)

**NOTE:** We respect your privacy. The workshop is designed so that you will have personal time to have private conversations with your partner. Although this is a workshop, you are NOT expected to share personal details with others.

\*Hold Me Tight workshops created by Dr. Sue Johnson have been highly successful in helping couples across the world.